



Parks and Recreation
It Starts in Parks

FALL 2015 PROGRAM GUIDE



Now Offering: Adult Sports, see page 4 Additional information inside...



Published September 2015

NorthMiamiFL.gov/Parks

Aquatic Update
SASSO POOL • 1100 NW 125 STREET
CLOSED UNTIL MARCH 2016

For information on future swim lessons
please contact the pool office at 305-681-0701.



**Register for all programs at:
 PARKS & RECREATION DEPARTMENT ADMINISTRATIVE OFFICE
 12300 NE 8 Avenue, North Miami, FL 33161
 305.895.9840**

Register Online: NorthMiamiFL.gov/Parks

Note: If you wish to conveniently register online and you do not have an account with us, you (parents and/or guardians) must first come to the Parks and Recreation Administrative Office with proof of North Miami Residency (utility bill) and birth certificate(s) to set up your account.



Comcast cable subscribers:
 Tune in to our government
 TV channel, NoMiTV 77.



Sign up
 for E-news

E-Newsletter:
 Subscribe to receive E-news by clicking
 on the "Sign up for E-news" icon on our
 website at NorthMiamiFL.gov.

General Information

1. The North Miami Parks and Recreation Department does not accept cash payments for facility rentals. Payments may be made by money order, cashiers check or credit card for facility rentals.

2. Refund Policies

General: Our policy is to provide a 100% refund for anyone who submits a written request to the administrative office prior to the start of an activity. Any written refund requests received after the first day of an activity will be processed with a \$20 administrative fee. After the third day of an activity, there will be no refunds. There will be no refunds issued for materials or supplies purchased for an activity. This policy does not apply to one day programs, athletic leagues, special events, adult trips or facility rentals.

One Day Programs, Athletic Leagues and Special Events: Our policy is to provide a 100% refund to anyone who submits a written request to the administrative office a minimum of one week prior to the start of an activity. No refunds will be granted within a week of an activity.

Adult Trips: Cancellation requests must be received by the administrative office a minimum of two days prior to the trip. A credit will be applied to your account for use towards a future trip or activity. No refunds will be granted within two days of the trip.

Facility Rentals: Refer to the facility rental application or call the office for details.

3. Proof of Residency - Proof of residency is required in order to receive the resident rate. (City of North Miami water bill or FPL bill.)

4. Registration Policy - A birth certificate is required for each child registered. Additionally, only parents and legal guardians are permitted to register their children. Parents must show valid identification at the time of registration.

5. Returned Check Policy - For each returned check, the City will assess a service fee of \$20, pursuant to Florida Statute 166.251, 1991. No payment by check shall be accepted if a returned check was received from an individual's bank during the past 24 months.

6. Availability of Space - All activities, programs and facilities are first-come, first-serve. Each program/activity session must be registered in advance. Activities with multiple sessions can be registered one session at a time or a combination of all sessions at once. Facilities must be reserved at least 30 days in advance.

* Mail-in or Drop Box registrations are not permitted!

ELECTED OFFICIALS

SMITH JOSEPH, D.O., PHARM.D.
 MAYOR

PHILIPPE BIEN-AIME
 COUNCILMAN

ALIX DESULME
 COUNCILMAN

SCOTT GALVIN
 COUNCILMAN

CAROL KEYS, ESQ.
 COUNCILWOMAN

MICHAEL A. ETIENNE, ESQ.
 CITY CLERK

EXECUTIVE STAFF

ALEEM A. GHANY, PE
 CITY MANAGER

ARTHUR H. SOREY, III
 DEPUTY CITY MANAGER

ROLAND C. GALDOS
 INTERIM CITY ATTORNEY

PARKS & RECREATION COMMISSION

NANCY K. BLOOM
 CHAIRPERSON

KAREN DELEON
 PARLIAMENTARIAN

RICHARD CUMBERLAND
EVENS HENRY

DR. ENOCH MILIEN

EDDIE A. MOLLINER

JASON NIEVES

MARTINE SAINT-AIME

PARKS & RECREATION ADMINISTRATIVE STAFF

DERRICK CORKER
 PARKS & RECREATION MANAGER

CHRISTINE CARNEY
 PARKS & RECREATION ASSISTANT MANAGER

LAURA VAN DE VEN
 ADMINISTRATIVE COORDINATOR

LE'VAR FRANKLIN
 CUSTOMER SERVICE LIAISON/
 PROGRAM GUIDE EDITOR

RECREATION DIVISION

ERNIE RAMOS
 RECREATION SUPERVISOR
 AQUATICS & PARK FACILITIES

ANDREA A. RAMOS
 COMMUNITY ENGAGEMENT
 ADMINISTRATOR

KHALID SALAHUDDIN
 RECREATION SUPERVISOR
 ATHLETICS AND COMMUNITY CENTERS

For athletics and stadium information, contact the Administrative Office at 305.895.9840.

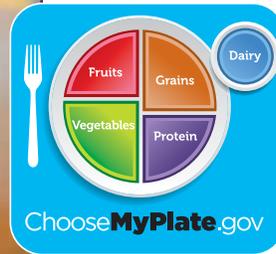
PARKS DIVISION

RON JACKSON
 PARKS COORDINATOR
 FACILITY MAINTENANCE

ROGER MUSEAU
 PUBLIC WORKS
 LANDSCAPING AND RIGHTS-OF-WAYS

DARRELL PAYNE
 PUBLIC WORKS
 AERIAL AND TURF

PROGRAM TIMES, AND FEES ARE SUBJECT TO CHANGE



Out-of-School Time Grant: We Encourage Healthy Eating

During the month of March, the City of North Miami Parks & Recreation Department was selected to receive grant funding for Out-of-School Time Programs. This funding was provided by the National Recreation and Parks Association (NRPA) in partnership with the Walmart Foundation to provide meals to more than 15 million underserved youth in 80 communities.

The purpose of this funding is to assist the city with the following:

- Providing nutritious meals and healthy enrichment activities (ex. OrganWise Guys) to children in low-income communities during out-of-school time.
- Provides evidence-based, age appropriate nutrition literacy to children and families that create behavior change by teaching the importance of healthy eating.
- Implement nutrition and physical activity standards that increase access to healthier foods and increase opportunities for physical activity.
- Promote meal and program efficiencies that will reduce costs, maximize existing resources, decrease food waste, and lead to more sustainable meal programs.

Additional information on the OrganWise Guys Incorporated and ChooseMyPlate may be found on page 10.

What's Inside



Find us on
Facebook

@nomiparks

General Information	Page 1-2
Facility • Rental Locations	Page 3
Youth • Adult Sports.....	Page 4
Tennis Programs	Page 5
Special Events.....	Page 6
Joe Celestin Center.....	Page 7
Active Adults	Page 8
Youth Programs.....	Page 9
My Plate • Organwise Information	Page 10



About the Cover

On Wednesday, July 15, 2015 summer campers and residents participated in a program from 9:30-11:30 am to help keep our parks clean! Participants were able to plant, help with clean-up projects, paint, and participate in many fun filled activities. The events were held at Enchanted Forest, Keystone Point, Sunkist Grove, and the Joe Celestin Center.

THE FOLLOWING HOLIDAYS WILL BE OBSERVED DURING THE 2015 - 2016 CALENDAR YEAR.
CITY PARKS WILL BE OPEN; CITY FACILITIES WILL BE CLOSED.

2015

Monday, September 7
Wednesday, November 11
Thursday, November 26
Friday, December 25

Labor Day
Veterans Day
Thanksgiving Day
Christmas Day

2016

Friday, January 1
Monday, January 18
Monday, February 15

News Years Day
Martin Luther King Day
Presidents Day

LOCATIONS AND RENTAL INFORMATION

CENTERS

CLYDE W. JUDSON, JR. COMMUNITY CENTER
12100 NW 16 Avenue
305.895.9840

ENCHANTED FOREST ELAINE GORDON COMMUNITY CENTER
1725 NE 135 Street
305.895.9840

GRIFFING COMMUNITY CENTER
12220 Griffing Boulevard
305.893.3771
Annalisa Walker
Recreation Coordinator

GWEN MARGOLIS COMMUNITY CENTER
1590 NE 123 Street
305.981.1518

JOE CELESTIN CENTER
1525 NW 135 Street
305.953.3080
Shacora Jackson
Recreation Leader II

KEYSTONE COMMUNITY CENTER
13050 Ixora Court
305.893.0521
Ernesto Ramos
Recreation Supervisor

SUNKIST GROVE COMMUNITY CENTER
12500 NW 13 Avenue
305.685.5461

TENNIS

PENNY SUGARMAN TENNIS CENTER
1795 Sans Souci Boulevard
13 Lighted Courts
305.893.7130
Ross Dubins
Tennis Pro

PEPPER PARK TENNIS CENTER
1355 NW 135 Street
12 Lighted Courts
305.895.9840
Ernie Ramos
Recreation Supervisor

PARKS FACILITIES

NORTH MIAMI ATHLETIC STADIUM
2555 NE 151 Street
305.895.9840

BEN FRANKLIN PARK
13400 NW 12 Avenue
305.685.1383
Eddie Milanese
Recreation Specialist

CAGNI PARK
13498 NE 8 Avenue
305.895.9840
Anthony Garcia
Recreation Specialist

CLAUDE PEPPER PARK
1255 NW 135 Street
305.685.2265
Andre Sorey
Recreation Specialist

POINTS OF INTEREST

MUSEUM OF CONTEMPORARY ART
770 NE 125 Street
305.893.6211

NORTH MIAMI CHAMBER OF COMMERCE
13100 West Dixie Highway
305.891.7811

NORTH MIAMI LIBRARY
835 NE 132 Street
305.891.5535
NorthMiamiFL.gov/NoMiLibrary

NORTH MIAMI POLICE
700 NE 124 Street
305.891.0294

PARKS OPERATION CENTER
12181 NE 13 Avenue
305.891.9334

PARKS & RECREATION DEPARTMENT ADMINISTRATIVE OFFICE
12300 NE 8 Avenue
305.895.9840

NORTH MIAMI CITY HALL
776 NE 125 Street
305.893.6511

JAYCEE PARK
14195 NE 16 Court

ENCHANTED FOREST ELAINE GORDON PARK
1725 NE 135 Street
305.895.1119
Lola Heasley
Park Naturalist

KEYSTONE PARK BOBBY HAMER FIELD
13050 Ixora Court

KIWANIS PARK
12100 NW 16 Avenue

NORTH BAYSHORE WILLIAM LEHMAN PARK
12220 North Bayshore Drive

OLEANDER PARK
12100 NW 13 Avenue

VETERANS MEMORIAL AT GRIFFING PARK
NE 123 Street &
West Dixie Highway

TOT-LOTS

ALFRED BESADE PARK
11825 NE 19 Drive

BREEZESWEPT TOT-LOT
12501 NE 2 Avenue

ENCHANTED FOREST TOT-LOT
1725 NE 135 Street

JOSEPH WEIL TOT-LOT AT KEYSTONE PARK
13050 Ixora Court

KIWANIS TOT-LOT
12100 NW 16 Avenue

NORTH MIAMI TOT-LOT
305 NW 136 Street

PEPPER PARK TOT-LOT
1255 NW 135 Street

ROTARY - OVERBROOK SHORES TOT-LOT AT ALHAMBRA HEIGHTS
200 NW 123 Street

SUNKIST GROVE TOT-LOT
12500 NW 13 Avenue

RENTAL FACILITIES

For information on available dates and rental fees for the following centers, contact the Parks & Recreation Department at 305.895.9840

CLYDE W. JUDSON, JR. COMMUNITY CENTER
Maximum capacity: 40 people

GRIFFING COMMUNITY CENTER
Maximum capacity: 75 people

GWEN MARGOLIS COMMUNITY CENTER
Maximum capacity: 200 people

JOE CELESTIN CENTER
Maximum capacity:
Multi Purpose Room: 70 people
Gym - Banquets: 250 people
Gym - Athletics: 300 people

SUNKIST GROVE COMMUNITY CENTER
Maximum capacity: 100 people

PARK PICNIC SHELTERS

For information on available dates and rental fees, contact the Parks & Recreation Department at 305.895.9840

Available for meetings, parties, etc.

ALFRED BESADE PARK
11825 NE 19 Drive

CLAUDE PEPPER PARK
1255 NW 135 Street

ENCHANTED FOREST ELAINE GORDON PARK
1725 NE 135 Street

POOL

THOMAS SASSO POOL & WATER PLAYGROUND

1100 NW 125 Street
305.681.0701

Gary Paulino
Aquatics Specialist

CLOSED FOR RENOVATIONS



Pee Wee Soccer Ages 3 - 4
Keystone Park • 13050 Ixora Court
\$50 Residents • \$70 Non-Residents
October 12 - November 18
Monday & Wednesday • 6:00 - 7:15 pm
*NO PRACTICE: 11/11

Off-Season Skills Basketball Training Challenge

Cagni Gymnasium • 791 NE 135 Street
\$50 Residents • \$70 Non-Residents
October 12 - November 18
Monday & Wednesday • 6:00 - 7:15 pm
*No Practice: 11/11

Ballet Class

Ages 3 - 13
Keystone Community Center • 13050 Ixora Court
\$70 Residents • \$90 Non-Residents (per session)
September 22 - November 17
Pre-School (Ages 3 - 4 1/2) Tuesday 4:45 - 5:40 pm
Kinder (ages 4 1/2 - 5) Tuesday 5:45 - 6:40 pm
Pre-Teen (Ages 9 - 13) Tuesday 6:45 - 7:40 pm
September 24 - November 19
Pre-School (Ages 3 - 4 1/2) Thursday 4:45 - 5:40 pm
Primary (Ages 6 - 8) Thursday 5:45 - 6:40 pm
Uniform: Pink Leotard, Pink Tights and Pink Ballet Shoes

Youth Soccer

Ages 5 - 12 1/2
Ben Franklin Park • 13400 NW 12 Avenue
\$100 Resident • \$120 Non-Resident
September 15 - November 19
COED - Juniors (6U) Ages 5 - 6 1/2
Tuesday & Thursday • 6:00 - 7:30 pm
COED - Juniors (8U) Ages 7 - 8 1/2
Tuesday & Thursday • 6:00 - 7:30 pm
COED - Juniors (10U) Ages 9 - 10 1/2
Tuesday & Thursday • 6:00 - 7:30 pm

September 14 - November 19
COED - Juniors (12U) Ages 10 1/2 - 12 1/2
Monday, Tuesday, Thursday • 6:00 - 8:00 pm
* NO PRACTICE FOR ALL AGE GROUPS: 11/11

*Participants keep their uniforms (\$30 uniform fee included)
*Games are held on Saturdays at various locations.
*Schedules will be issued during practice.

For Rainout Information Contact: 305-895-9840 (AFTER 5PM)

Adult Basketball League

Ages 18 - older
Joe Celestin Center • 1525 NW 135 Street
Men (35+ Recreational Division)
Sundays • 10:00 am - 1:00 pm
October 4 - December 13, 2015
\$420 Per Team (\$50 Uniform Deposit)
Registration fee includes 10 weeks, post-season tournament, and referee fees.
Contact Anthony Garcia at agarcia@northmiamifl.gov for additional information.

Adult Flag Football League

Ages 18 - older
Cagni Park • 13498 NE 8 Avenue
Mens (18+) 5v5
Tuesdays • 7:30 - 10:00 pm
October 6 - December 8, 2015
\$420 Per Team
Registration fee includes 10 weeks, post-season tournament, and referee fees.
Contact Ernie Ramos at eramos@northmiamifl.gov for additional information.

Adult Volleyball Open Gym

Ages 18 - older
Cagni Gymnasium • 791 NE 135 Street
Men (18+) • Women (18+) • Co-Ed (18+)
Fridays • 7:00 - 10:00 pm
September 18 - December 4, 2015
\$5 per participant each week
Recreation Style Play
Beginner Court and Intermediate/Advanced Court Available
Contact Anthony Garcia at agarcia@northmiamifl.gov for additional information.

Men's Rugby

Ages 18 - older
Ben Franklin Park • 13400 NW 12 Avenue
Tuesdays & Thursdays • 7:00 - 9:00 pm
Monthly Fees Available
Matches are held on various dates and locations, schedules will be distributed during practice. For program and payment information contact Ernie Ramos at eramos@northmiamifl.gov. No Experience Necessary!

Adult Soccer League

Ages 18 - older
Ben Franklin Park • 13400 NW 12 Avenue
Men (18+ Open Competitive Division 11v11)
Men (35+ Recreational Division 11v11)
Men (50+ Silver Division 11v11)
Sundays • 8:00 am - 1:00 pm, starting October 2015
Monthly Fees Available
Registration fee includes (8) eight weeks of regular season games, post-season tournament and referee fees.
Contact Eddie Milanese at emilanese@northmiamifl.gov for additional information.

Adult Co-ed WAKA Kickball League

Ages 21 - older
North Miami Athletic Stadium • 2555 NE 151 Street
Fridays • 7:00 - 9:00 pm, starting November 6, 2015
\$70 per player
Registration fee includes eight (8) weeks of regular season games, post-season tournament, team shirt, discounted league socials, and parties.



TENNIS



USTA JUNIOR MEMBERSHIP

It is recommended that all players become USTA members. For \$20 a year you receive a monthly magazine, membership card and the opportunity to play at a USTA sanctioned tournament and in the USTA junior team tennis.

CALL OR VISIT EACH TENNIS CENTER FOR REGISTRATION INFORMATION ON GROUP OR PRIVATE LESSONS, ANNUAL PASSES AND COURT RATES.

PEPPER PARK TENNIS CENTER

1355 NW 135 Street • North Miami, FL 33167
305.895.9840 • Sue Umminger, Tennis Aide

Beginner / Intermediate Ages 4 - 8
\$14 Residents • \$15 Non-Residents (per group lesson)
\$72 Residents • \$82 Non-Residents (series of 12 group lessons)
Monday - Friday 5:30 - 7:00 pm
Monthly Fees Also Available

High Performance / Advanced Ages 9 - 15
This class is designed for juniors aspiring to achieve USTA ranking or play at the high school/collegiate level.
\$18 Residents • \$20 Non-Residents (per group lesson)
\$90 Residents • \$96 Non-Residents (series of 12 group lessons)
Advanced players play six (6) days a week.
Monday - Friday 5:30 - 8:30 pm
Monthly Fees Also Available

Adult Tennis
\$30 per lesson
*See onsite Pro Shop staff for additional information



Pepper Park Tennis Clinic & Leagues

All clinics are for beginner and intermediate players. Classes are taught by USTA certified tennis pros.

Men's Adult Evening League Adults
This league is geared towards advanced players interested in competing in an organized league setting.
\$60 membership (includes a one year USTA membership)
Thursdays 7:00 - 9:00 pm

*For additional information contact the Parks & Recreation Office at 305.895.9840

PENNY SUGARMAN TENNIS CENTER AT SANS SOUCI

1795 Sans Souci Boulevard • North Miami, FL 33181
305.893.7130 • Ross Dubins, Tennis Pro

Tiny Tot Tennis Ages 4 - 6
\$14 Residents • \$15 Non-Residents (per group lesson)
\$72 Residents • \$82 Non-Residents (series of 6 group lessons)
Monday, Wednesday & Friday 3:30 - 4:30 pm
Saturday 9:30 - 10:30 am

Beginner & Intermediate Ages 7 - 14
\$14 Residents • \$15 Non-Residents (per group lesson)
\$72 Residents • \$82 Non-Residents (series of 6 group lessons)
Saturday 11:30 am - 12:30 pm

Advanced Junior Drill Ages 8 - 14
\$20 Residents • \$22 Non-Residents (per group lesson)
\$100 Residents • \$110 Non-Residents (series of 6 group lessons)
Tuesday & Thursday 5:00 - 6:30 pm
Wednesday 5:30 - 7:00 pm

After School Tennis Ages 7 - 14
\$14 Residents • \$15 Non-Residents (per group lesson)
\$72 Residents • \$82 Non-Residents (series of 6 group lessons)
Monday - Friday 4:30 - 5:30 pm

Men's Tennis for Hard Hitters Adults
\$18 Residents • \$20 Non-Residents (per group lesson)
\$90 Residents • \$96 Non-Residents (series of 6 group lessons)
Monday & Wednesday 7:00 - 8:30 pm
Saturday 10:30 am - 12:00 pm

Tennis for Life Adults
\$18 Residents • \$20 Non-Residents (per group lesson)
\$90 Residents • \$96 Non-Residents (series of 6 group lessons)
Wednesday & Thursday 7:00 - 8:30 pm

Men & Women Intermediate Adults
\$18 Residents • \$20 Non-Residents (per group lesson)
\$90 Residents • \$96 Non-Residents (series of 6 group lessons)
Monday - Friday 9:00 - 10:30 am

Private lessons are available with professional instructors.
\$30 for each half-hour (1/2) lesson
\$55 for each one (1) hour lesson
\$260 for ten (10) half-hour lessons
Call the tennis center for an appointment.
NOTE: Registration for the six (6) group lesson series must be used in seven (7) consecutive weeks.



NEED TO EARN COMMUNITY SERVICE HOURS?

Seeking volunteers and vendors for our events!
Contact Andrea Ramos at aramos@northmiamifl.gov



SPECIAL EVENTS

FREE

Hispanic Heritage Month

Unveiling of the 2015 Official Hispanic Heritage Poster
Tuesday, September 8 • 6:00 pm
North Miami City Hall, 2nd Floor Atrium • 776 NE 125 Street

FREE

“La Gran Fiesta”

Featuring Marlow Rosado y la Riqueña and more!
A festival celebrating the fusion of Latin cultures in North Miami for all ages to enjoy with music, dancing and food for purchase.
Saturday, September 19 • 7:00 - 11:00 pm
MOCA Plaza • 770 NE 125 Street
For additional event details and vendor information visit www.NorthMiamiFL/Celebrate



Halloween Haunted Trails and Kids Fun Zone

Enjoy our famous hay ride and haunted trails, along with fun in the kids zone and great activities ranging from Goodie-bag entertainment, music and ghoulish entertainment. Food provided by local vendors will be available for purchase.
Friday, October 30 • 7:00 - 11:00 pm
Enchanted Forest Elaine Gordon Park • 1725 NE 135 Street
Cost: \$5 per person at the gate or advance pre-sale Family Pack \$20 (receive 5 tickets)
Pre-event set-up/event volunteers, actors and prop builders needed (high school seniors and older). Volunteer training session required for new volunteers.
Email Andrea Ramos at aramos@northmiamifl.gov or call 305-895-9840.



FREE

Veterans Day Ceremony

Come out to give thanks and salute all of our servicemen and women for their dedication to our country. Light refreshments provided.
Wednesday, November 11 • 10:00 am
North Miami Veterans Memorial at Griffing Park • 12220 Griffing Boulevard



FREE

41st Annual Winternational Thanksgiving Day Parade

Our parade is celebrating 41 years in North Miami and continues to hold strong. Come celebrate and give thanks with our competing bands, dance groups, professional floats, community groups, and much more!
Thursday, November 26 • 10:00 am
Starts at NE 6 Avenue and runs east along 125 street to NE 12 Avenue
Stage Areas: NE 6, 8 and 10 Avenues



FREE

Light up North Miami Tree Lighting Ceremony

Enjoy holiday music, storytelling and dance as we light up North Miami's downtown plaza!
Featuring Zambelli Fireworks
Thursday, December 3 • 6:00 pm
MOCA Plaza • 770 NE 125 Street



NOTE: We are always looking for Artists, Musicians, Vendors, and Volunteers for events hosted throughout the year. For additional information on becoming a part of City events, please contact Andrea Ramos by phone at 305.895.9840 x.12227 or email at aramos@northmiamifl.gov



JOE CELESTIN CENTER

Sign up for membership and register for programs at the
JOE CELESTIN CENTER

1525 NW 135 Street | 305.953.3080

Hours of Operation

Monday - Friday 8:00 - 11:00 am & 3:00 - 9:00 pm

Saturday 8:00 am - 12:00 pm & 4:00 - 9:00 pm

Membership includes access to the Gymnasium, Game Room, Computer Lab, Reading Room and Celestin Center Special Programs, and Events. Members will have access to other amenities offered at the facility.

Annual Membership Rates

\$70 ADULT (18 years of age or older)

\$50 YOUTH (13-17 years of age) BIRTH CERTIFICATE REQUIRED

\$40 SENIOR (65 years of age and older)

\$170 FAMILY GROUP RATE

(2 Adults & 2 Children or 1 Adult & 3 Children - \$15 Each Additional Child)

FREE for Children

(12 and under, accompanied by an adult with current membership)

Daily Entry Rate \$5 DAILY RATE (All Classes)

CARDIO FIT/STRENGTH TRAINING **Ages 18 - Older**

Designed to enhance heart health and increase endurance through paced interval training.

Monday & Wednesday 6:00 - 8:00 pm

Tuesday & Thursday 6:00 - 8:00 pm

CARDIO SCULPT **Ages 18 - Older**

Burn calories with cardio warm ups, aerobics, body sculpting, abdominal, floor work, and cool down exercises.

Saturday 9:00 - 10:00 am

*Bring your own fitness mat and towel

PILATES **Ages 18 - Older**

This unique workout builds core strength, coordination, balance, and flexibility through a series of mat exercises, toning your entire body.

Saturday 8:00 - 9:00 am

*Bring your own fitness mat and towel

TOTAL BODY CIRCUIT **Ages 18 - Older**

Circuit routines will assist in toning and sculpting the entire body while isolating and training muscle groups. Incorporating free weights, kettle bells and more.

Monday & Wednesday 6:00 - 8:00 pm

Tuesday & Thursday 6:00 - 8:00 pm

ZUMBA **Ages 18 - Older**

Let the music free your body! The ultimate dance-fitness party will groove you into shape with certified ZUMBA instructor Sabrina Murgas Morell.

Wednesday 8:00 - 9:00 pm

Friday 7:00 - 8:00 pm



August 31, 2015 - May 27, 2016

Monday & Wednesday 4:00 - 7:00 pm

Space is limited!

*Admission fee required for select activities

Program participation waiver must be completed by a parent/guardian.

Contact Shacora Jackson at 305.953.3080 or via email at sjackson@northmiamifl.gov for additional program and volunteer information.



Ages 13 - 18

T.A.G.S offers community service opportunities for high school graduation requirements, social and cultural themed events, guest speakers, homework assistance, leadership, and team building activities.

August 24, 2015 - June 3, 2016

Monday - Friday 4:00 - 7:30 pm

*Admission fee required for select activities

Program participation waiver must be completed by a parent/guardian.

Contact Shacora Jackson at 305.953.3080 or via email at sjackson@northmiamifl.gov for additional program and volunteer information.

Contact the Joe Celestin Center at 305.953.3080 for additional information on fitness classes, youth programs and volunteering.
FACILITY DAYS/TIMES/CLASS SCHEDULES/INSTRUCTORS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Griffing Center Activity Registration:
 Griffing Center 12220 Griffing Boulevard – 305.893.3771 or
 The Parks and Recreation Office 12300 NE 8 Avenue -
 305.895.9840

Annual Membership required:
North Miami Residents - FREE • Non-Residents - \$20.00

Bus Trips & Dine Out Club \$3 Transportation Fee

Ages: 18+

Required (1) one week prior to the trip, by Friday.
 Cancellations must be made a minimum of 48 hours
 prior to event at Griffing Center only. Entrance fees and
 meals are additional and paid to the venue site the day
 of the trip. Credits and/or refunds will not be granted if
 cancellation is less than 48 hours prior to date of trip.

Note: All trips and times are subject to
 change and/or cancellation.

Saturday Adult Bus Trips

Pick up at 10:00am from Griffing Center;
 Return times are estimated around 5:00pm.
 Return times are estimates

As a courtesy to all Active Adult participants registered
 in Dine Out and/or Bus trips, we will allow a (5) five minute
 grace period before departing to trips.

MIAMI AUTO MUSEUM

Adults and Seniors: \$14
 Saturday, September 19

BAYSIDE MARKETPLACE

Admission: FREE
 Saturday, October 17

FESTIVAL FLEA MARKET – POMPANO BEACH

Admission: FREE
 Saturday, November 21

WYNWOOD

Admission: FREE
 Saturday, December 19

Wednesday Dine Out Trips

Bus leaves Griffing Center at 12:45 pm

September 9	Rainforest Café (Sawgrass Mills Mall)
October 14	Hometown Buffet (Hallandale)
November 4	Joe's Crab Shack (Fort Lauderdale)
December 9	Grampa's Bakery & Restaurant (Dania Beach)

FREE

Sew'n Sew and Crochet Group Annual Quilt and Afghan Donation Day

Wednesday, December 9 • 10:30 am - 12:00 pm

Dedicated quilters, crotcheters and knitters have donated their
 "Made with Love" work to the deserving children and elderly from
 the Lotus House and North Miami Senior Foundation for Senior Citizens.
 Donation items will be on display for viewing only.

Note: All classes are subject to change and/or cancellation.

Crochet Class Ages 18 - Older

Learn crochet stitches and techniques to make
 beautiful ponchos, hats, Afghans, and more.
\$20 per session (10 classes)

October 12 - December 14

Mondays • 11:00 am - 1:00 pm

Supplies to be purchased by students

Sew 'N' Sew

Quilters & Crafters Ages 18 - Older

Wednesdays 9:30 am - 12:00 pm

Supplies to be purchased by students.

Griffing Membership Required.

Jewelry Class Ages 18 - Older

Make beautiful jewelry and bead work,
 learn stringing and wirework techniques.
\$24 per session (6 classes)

October 14 - December 16

Wednesdays (1st/3rd/5th) • 11:30 am - 1:30 pm

* October 7 class to be held on October 14

Supplies to be purchased by students

Nature's Art

Painting Class Ages 18 - Older

Learn leaf printing techniques, painting on glass,
 clothing, bottles, and more using items provided
 by nature. This is a great way to recycle and add new
 life to bottles, vases, clothing, sheets, lamps, and more.
\$16 per session (7 classes)

September 1 - October 13

October 27 - December 15

Tuesdays • 10:30 am - 1:30 pm

*NO CLASS: 11/24

September 3 - October 15

October 29 - December 17

Thursdays • 10:30 am - 1:30 pm

* NO CLASS: 11/26

Supplies to be purchased by students



Pilates Ages 18 - Older

\$5 per class or \$32 per session (8 classes)

August 28 - October 16

October 23 - December 18

Fridays • 7:00 - 8:00 pm

*NO CLASS: 11/27

Wear comfortable clothing.

Bring your own fitness mat and towel.

Afterschool Care Tutoring Program

Monday - Friday
2:00 - 6:00 pm

Begins Monday, August 24, 2015

Residents \$20 per week
Non-Residents \$25 per week
Transportation from school to park site
available for additional \$5 per week
Program runs throughout the school year.

Birth Certificate required for first time registrants. Proof of residency required to receive resident rate.
There is no program on: September 7, November 11, 26, 27, December 21 - January 1 (Winter Camp),
January 18, February 15 March 21-25 (Spring Camp), May 30 *Dates subject to change.

Grades
K-8
Free
healthy
snack daily

Locations

**Sunkist Grove
Community Center**
12500 NW 13 Avenue
305.685.5461

**Griffing
Community Center**
12220 Griffing Boulevard
305.893.3771

FUN DAYS

Teacher's Work Day? NO PROBLEM!

Ages 5 - 14

Enroll your child in our program for a full day of fun and activities.

September 14 • September 23 • October 30 • November 25 • January 25 • February 16 • April 8 • June 10
8:00 am - 6:00 pm Afterschool Care Participant \$5 • Non Afterschool Care Participant \$10 (per day / per child)
Griffing Community Center • 12220 Griffing Boulevard
Sunkist Grove Community Center • 12500 NW 13 Avenue

REGISTER AT THE NORTH MIAMI PARKS AND RECREATION OFFICE, 12300 NE 8 AVENUE

Payments may be made by money order, cashier's check or credit card.

SPACE IS LIMITED! For more information, please call 305-895-9840.

Winter Break Camp

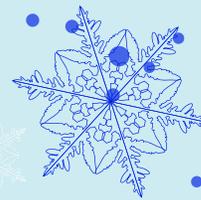
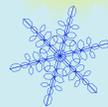


Keystone Community Center
13050 Ixora Court
305-893-0521

\$90 Residents
\$110 Non-Residents

Fees include all trips, daily snack, and related transportation. Campers must bring bagged lunch daily.

Ages
6-14



Session 1: December 21 - December 24

Session 2: December 28 - December 31

MONDAY - THURSDAY

8:00am - 6:00pm

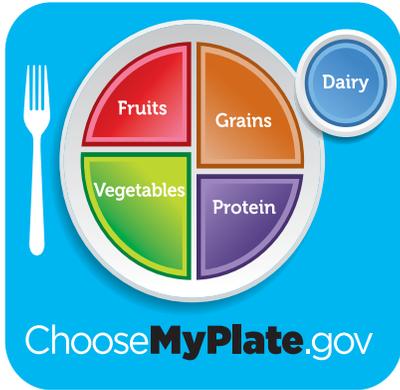
**NO CAMP DECEMBER 25, 2015 - CHRISTMAS DAY
& JANUARY 1, 2016 - NEW YEAR'S DAY**

Campers will enjoy holiday parties, field trips, interactive activities, sports and nature experiences.

NO REGISTRATION WILL BE TAKEN ON SITE!!

Register at 12300 NE 8 Avenue or on-line at NorthMiamiFL.gov/Parks. Payments may be made by money order, cashier's check, or credit card. Online payments must be made with a credit card.

SPACE IS LIMITED! For more information, please call 305-895-9840.



The OrganWise Guys curriculum is empowering children and their families, across the country.

The OrganWise Guys Inc. began in 1993 with a vision to inspire individuals to take charge of their health by assuming personal responsibility for their choices. This, we believe, is prevention at its best! By bringing the body to life via lovable organ characters, kids of all ages learn what it really means to be smart from the inside out. With all of the troubling news about the obesity crisis, our evidence-based programming offers a viable, possible solution. To learn more about The OrganWise Guys beginnings, check out their website, Organwiseguys.com



MyPlate

On June 2, 2011, First Lady Michelle Obama and USDA Secretary Tom Vilsack released the federal government's new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. MyPlate is a new generation icon with the intent to prompt consumers to think about building a healthy plate at meal times and to seek more information to help them do that by going to ChooseMyPlate.gov. The MyPlate icon emphasizes the fruit, vegetable, grains, protein foods, and dairy groups. Later in 2011, MiPlato was launched as the Spanish-language version of MyPlate.

ChooseMyPlate.gov provides practical information to individuals, health professionals, nutrition educators, and the food industry to help consumers build healthier diets with resources and tools for dietary assessment, nutrition education, and other user-friendly nutrition information. As Americans are experiencing epidemic rates of overweight and obesity, the online resources and tools can empower people to make healthier food choices for themselves, their families, and their children.

MyPlate illustrates the five food groups that are the building blocks for a healthy diet using a familiar image – a place setting for a meal. Before you eat, think about what goes on your plate or in your cup or bowl.

MyPlate, MiPlato, and Choose-MyPlate.gov were developed by and are maintained by the USDA Center for Nutrition Policy & Promotion (CNPP). ChooseMyPlate.gov.

For additional nutrition information visit www.choosemyplate.gov



Parks and Recreation
12300 NE 8 Avenue
North Miami, FL 33161

NorthMiamiFL.gov/NoMiBus

Catch the NoMi Express!

North Miami's **FREE** Community Bus Service

**FOR THE LATEST
ROUTES & SCHEDULE**
See NorthMiamiFL.gov/NoMiBus

NOMI

express



Buses run on
BIODIESEL fuel,
For a greener North Miami

green North Miami



Take a trip on the NoMi Express.

With four easy routes, this free transit service helps you reach a variety of destinations within North Miami with ease.

The NoMi Express operates Monday - Friday, with no service on weekends or City observed holidays. Please check the City's website for details or pick up a map and schedule at City Hall or Griffing Center.

For more information call 305-895-9883.



Funded by:
Peoples Transportation Plan

